

Outreach Programs and Educational Opportunities

The VNA Phoenix Center for Grief is specially designed to create a safe and supportive environment for those who are grieving, wherever that may be. The VNA Phoenix Center for Grief provides outreach programs and educational opportunities for both children and adults.

Six-Week Grief Support Program

For groups of any size that need grief support, trained staff and volunteers will facilitate a six-week peer support-based program at your facility. Each week participants will learn new ways to navigate their grief through age-appropriate education, open discussion, and activities.

Death Response Visits

Should your organization experience the loss of a member, trained staff and volunteers will come to your facility and provide:

- + organizational grief resources & support
- + individual support to process grief and find coping strategies

Educational Opportunities

For any organization looking to increase their knowledge or support their members, the Phoenix Center for Grief offers presentations, trainings, in-services, and workshops on a variety of grief, bereavement and self-care topics that can be customized to meet your organization's specific needs or goals. A trained staff member will help determine what format and topics will be most beneficial for your group and come to your facility to provide an individualized experience. Learning objectives may include:

- + Understanding what grief is and the different types of grief
- + Understanding how grief can vary from common experiences and popular misconceptions
- + Identify how various life stages and barriers can impact the grief journey
- + Learn how to provide support including an awareness of additional resources and how appropriately make referrals



To see current Phoenix Center for Grief schedules visit vnanwi.org/services/phoenix-center

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